



STYLE COUNSEL
ELIZABETH CLARKE

A well-packed suitcase is the key to travelling in comfort. This means not only packing a good capsule wardrobe but pulling together a minimal yet effective beauty and makeup kit. What you put in it depends on your

destination, but there are essentials no beauty case should leave home without.

Skin, hair & lips: Air travel and climate change mean your complexion needs even closer attention than usual. Decant your products into canisters (try travelpac.com.au for an excellent selection, from \$3.95), or stock up on mini-products that meet inflight travel regulations. The Body Shop's Vitamin E Gentle Cleansing Facial Wipes (\$12.95, stockists 1800 065 232) and, for sunscreen, Dermalogica Solar Defence Wipes SPF 15 (\$31, 1800 659 118) are both practical and compact. I adore Apivita's Express Weekend Spa Skin Moisturising Treatment pack, which includes all-natural single-use sachets of camomile makeup remover tissues, olive scrub, cucumber mask, eye mask with ginkgo biloba, avocado hair mask and a treatment for aching feet (\$29.90, 03 9882 2845, www.apivita.com). The Apivita Mini Olive Set includes hair care products, hand cream and an olive oil soap (\$26.90), and Bloom's Skin Care Weekend Away Pack has a body cream, cleanser, moisturiser and facial scrub (\$25, 03 9421 0200). Also, pack some lip glosses for a hydrating fix. I love the fruity flavours of Lancôme's new Juicy Tubes World Tour by Christopher Kane (from June 2, \$44, 02 9931 8888) and Kiehl's Lip Balm, now in pear, golden berry and black raspberry flavours (\$16, David Jones QueensPlaza).

Body: Whether swimsuiting or not, book in for a slimming spray tan (Blow Salon, 3257 2569, and Outshine, 3252 2882, are still my top picks). If you plan to spend time in the pool, your tan will fade rapidly. Pack a pair of exfoliating gloves and take a self-tanner to top up. I love Mecca Cosmetics Sunless Goddess (\$38, 3211 2223). For the face, try the gorgeous new bronzing powder Soleil Tan de Chanel (from June 1, \$75, department stores and selected pharmacies).

Travel Tip

Those little personal comforts make a trip. Crabtree & Evelyn Rosewater Soap Leaves (\$7.95, 03 8551 1000) are refreshingly luxurious. Sleep Sanctuary's travel kit (\$69.95, www.sleepsanctuary.com.au) includes a cashmere eye cocoon, herbal-infused face masks, Bedtime Balm for tired temples and Slumber Mist to spritz your pillow and scent your room. Pack some sweetly scented cakes of soap for a touch of glamour at bathtime and to perfume your luggage, too.

Style Mistress

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